

10U Division



Core Recreational Soccer Program

Your registration is for both fall and spring seasons. Teams formed in the fall play 7 games. Players are added in the spring, if there is space on a team, then teams play another 7 games for a total of 14 games per year.

Our core program is the foundation for all the fun, excitement and learning that happens on the fields. AYSO is best known for our core program - it's where the large majority of kids fall in love with soccer and make memories that will last a lifetime.

Teams are put together in a way that makes playing soccer about the experience, not wins or losses. It's not about blowing out another team with an unbelievable score; it's about sportsmanship and learning to be the best possible team mate and opponent. Developing players is what we're about, because soccer skills and life skills go hand in hand. AYSO's main purpose is to get kids on the field, provide them with good coaches, and teach them to play soccer.

- Players born in 2009 & 2010, age 10 and under by the end of 2019.
- Games are on Saturdays only, 7 in fall and 7 in spring with starts from 8:30-2pm.
- You will have two practices throughout the week that could be 1 hour each. (coaches choose location)
- Games are 7 vs. 7
- Unique rules apply, see back for details.
- Game fields are 101, 102, & 103 at Adams School in Corvallis.



Required Team Volunteers

Each team is required to have 1 Head Coach, 1 Asst. Coach, 2 Referees, & 1 Team Manager.

Team Helpers

Each player needs to have someone that contributes to the program. If you are not a required volunteer you are presumed to be a game day helper or a fields helper. These helpers are expected to sign up for a spot on a game day in each season, or pickup a fields task. See the back for more details about game day or fields helpers.

10U Rules

- ⇒ Max Team Size: 10
- ⇒ Players On Field: 7
- ⇒ Center Referee: Yes
- ⇒ Asst. Referees: Optional
- ⇒ Field Size: 55x35yd.
- ⇒ Goal Size: 6x18'
- ⇒ Ball Size: 4
- ⇒ Length Of Game: 12.5 minute quarters
- ⇒ Noted Rules: Restrictions on goalkeeper, Build Out Line, No headers or slides.

My Tasks

<http://corvallisayso.org/login>

My Volunteer Role is [_____]

I need to register as a volunteer online.

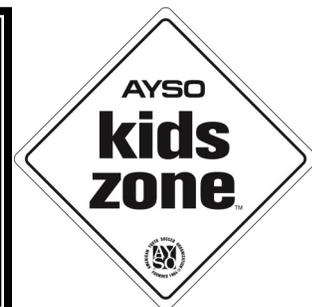
I need to sign up for a game day slot.

I need to sign up for training online.

I need to contact [_____] regarding:

Vision - To provide world class youth soccer programs that enrich children's lives.

Mission - Develop and deliver quality youth soccer programs, which promote a fun, family environment based on AYSO's six philosophies: Everyone Plays, Balanced Teams, Open Registration, Positive Coaching, Good Sportsmanship, & Player Development. See the back side for more on our six philosophies.



10U Rule FAQ

Are there match officials or referees at this level?

Yes. There must be a referee (“Center”) for the match to proceed. Ideally, two assistant referees will be on the game to help the referee. However, given the small field size, especially with the Build Out Line, matches can be well covered by a single match official.

Can the goal keeper punt the ball?

Punting is not allowed. If the keeper punts (drop-kicks, half-volleys) the ball, the Referee should stop play and award an indirect free kick for the other team at the location of the “punt”. Enforcement of this rule will be balanced with learning the new rule changes and the level of play.

Is there off-side at this level?

Yes, but only on the goal side of the Build Out Line. An offside situation can only arise for the attacking team on the defending team’s side of the Build Out Line (between the BOL and the goal line).

What is the Build Out Line / Build Out Area and how does it work?

The Build Out Line is meant to allow an easy transition from defending to attacking for younger players when their keeper controls the ball. Usually a goal kick or a keeper distribution results in an immediate loss of possession since younger players can find it hard to control the ball from a punt, or other long-distance pass. Without the Build Out Line, the rapid turnover can result in play that never leaves one end of the field. This can lead to lopsided games and can be very frustrating for the defending team.

When the keeper controls the ball, the team that was attacking must back up to the Build Out Line. The keeper distributes the ball to their team mates between the penalty area and the Build Out Line by throwing, or placing on the ground and kicking. Punting is not allowed.

There is no challenging for the ball (crossing the Build Out Line) until it has left the penalty area and has been touched by an attacking player. If the distribution by the keeper crosses the Build Out Line, the ball can be played by any player.

If, after allowing the play to develop in the Build Out Area, the ball changes possession, the attacking team can score.

AYSO Region 149
www.corvallisayso.org



We Are A Volunteer Organization

Our region serves over 1,200 children each year and is administered entirely by volunteers. In order to provide a quality program, we need **YOU!** Everyone is expected to volunteer. Coaching, refereeing, managing a team, concessions, fields, help station, and many other volunteer positions are available for adults and youth.

All volunteers who work directly with children are trained and certified. This includes a background check, concussion training, as well as job specific training. Training sessions are offered locally, prior to the start of each season. No previous soccer or job experience is necessary. We teach you what is required, and you provide the enthusiasm!

Game Day Helper

<http://corvallisayso.org/teams/helper-signup.html>

- Fall & Spring Scheduling Signup Required

Events Helper: helps with miscellaneous jobs such as the Soccer Equipment Sale (Shoe Swap) the first Saturday of the season, or any other special events as they arise.

Concessions Helper: helps on game day at the concession stand for a two hour shift. On-the-job training will be provided. You will be paired with another helper. (concessions@corvallisayso.org)

Registration Helper: helps at the open registration events by guiding applicants through the registration process. On-the-job training will be provided. (registrar@corvallisayso.org)

Safety Helper: helps operate the Safety/Information station on game day, answer questions about game day, general operations, and keep first aid supplies and forms in order for a two hour shift. On-the-job training will be provided. You will be paired with another helper. (safety@corvallisayso.org)

Opening Helper: helps set out equipment for use during the game day, checks fields, and could do other field tasks (like lining fields, helping with nets, etc.). On-the-job training will be provided. (safety@corvallisayso.org)

Fields Helper

Teams will be assigned field tasks, the team is expected to fulfill the assignment. A fields helper for the team would help with completing the task. Tasks often include field lining, field marking, and field re-lining. (fields@corvallisayso.org)